



## Section 7: Music

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**In this section you will find:**

- ✓ Introduction
- ✓ Tips for Leaders
- ✓ Song List
- ✓ Graces
- ✓ CGIT Hymn
- ✓ CGIT Round
- ✓ CGIT Handclap
- ✓ Taps
- ✓ Anniversary Hymn





## Introduction

Music can be used in many ways to enhance your CGIT program. Your group may be discussing the words to a controversial rock song, or be involved in silly actions accompanying silly words - just for fun. Whatever the purpose – music can be enjoyed by all CGIT members.

Recorded music or playing an instrument may be used to:

- create a mood
- accompany dancing, clowning, or miming actions
- accompany a slide show
- provide background worship service, relaxation exercise, devotion or reading.

Music recorded by familiar artists may be used to:

- create an introduction or message about your evening topic
- begin a discussion - especially songs with controversial lyrics
- provide background music for recreation, games, and crafts

## Tips for Leaders

1. Prepare ... Plan ... Practice
2. Accompaniment is nice for a singsong - but certainly not necessary. A list of songs is attached and many can be done a cappella. Guitar accompaniment is wonderful for young voices, as it lets the voice be heard, yet establishes a rhythm and helps to keep the group 'on key'. Use the piano to set the correct key for learning difficult songs.
3. Encourage girls to teach songs they have learned at camps, rallies and retreats. This encourages good leadership skills!
4. Repeat new songs several times. Try the echo method of teaching, you sing a line, the group sings back.
5. Choose a variety of songs: new ... old, fast... slow fun/nonsense ... serious
6. Familiar songs - start with a song that the whole group will be able to sing.
7. Novelty/Fun - have some action songs and/or some silly songs in the beginning of your singsong.
8. Rounds - CGIT groups have enjoyed rounds for many years. It's an easy way



to create beautiful harmony. Be sure to sing them first as a whole group until they are familiar.

9. Folk Songs - These songs offer an easy way to change the pace and mood. Spirituals fall into this category.

10. Quiet Songs - Quiet singing enables the group to appreciate each other's voices and to set the mood for the next item on your agenda. Songs of worship and hymns should be used to end off your singing.

## Song List

**(A)– Action Song**  
**(R) - Round**

Abba, Father	
A Light Is Gleaming	Less of Me
A New Commandment	Like A Rock <b>(A)</b>
A Place In The Choir	Linger
A Ram Sam Sam <b>(R)</b>	Lion Hunt <b>(A)</b>
A Ship Came From China	Lion Sleep's Tonight (The)
Alice the Camel <b>(A)</b>	Little Man <b>(A)</b>
Alive, Awake, Alert, Enthusiastic <b>(A)</b>	Little Peter Rabbit <b>(A)</b>
All My Trials	Little Red Riding Hood <b>(A)</b>
All Night All Day	Little Tommy Tinker <b>(R/A)</b>
All That I Am	Little White Duck <b>(A)</b>
Allelu, Allelu, Allelu, Alleluia, Praise Ye the Lord <b>(A)</b>	Long-legged Sailor
Alouette	Long Road To Freedom



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Amazing Grace	Lord of the Dance
Amen	Lord Is My Shepherd (The)
Ants Go Marching One By One (The)	Lord Is My Shepherd/Always <b>(R)</b>
At A Time Like This	Lord's Prayer (The)
Austrian Yodler <b>(A)</b>	Lord of the Dance
	Love
Baby Bumblebee <b>(A)</b>	Love Can Build a Bridge
Baby Shark <b>(A)</b>	Love Grows Under <b>(A)</b>
Bamboo Bungalow <b>(A)</b>	Love, Love, Love
Barges	Love Is the Greatest Gift
Bim Bom <b>(A)</b>	Love Potion #9
B-I-N-G-O	Love the Lord Your God
Blind Man Sits On the Road	Lying In My Sleeping Bag <b>(A)</b>
Blowing in the Wind	
Boom, Boom, Ain't It Great To Be Crazy <b>(A)</b>	Magelina Hagelina <b>(A)</b>
Both Sides Now	Magic Penny
Bring the Day	Mama Don't Allow
Brush Your Teeth	Man's Life's a Vapor <b>(R)</b>
Bug Juice	May the Lord Bless You and Keep You
Bug On the Wall <b>(A)</b>	Michael Row The Boat Ashore
By The Waters of Babylon	More We Get Together (The)
	Mountain Dew



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Chester <b>(A)</b>	My Bonnie Lies Over the Ocean <b>(A)</b>
Chewing Gum Song	My Goose <b>(R)</b>
Chicken Song	My Love Colors Outside the Lines
Children Go Where I Send You	My Paddle's Clean and Bright
Circle of Love	My Tall Silk Hat <b>(A)</b>
Come Let Us Sing To the Lord	O Be Joyful
Crazy Herman	O Great Earth <b>(R)</b>
Creator, I Adore Thee <b>(R)</b>	Old Lady Leary <b>(A)</b>
	Old Mill Stream (The)
Dance	One Bottle of Pop (A)
Day By Day	One Flea Fly
Deep and Wide	One More Step Around the World I Go
Dem Bones	One Sunny Day (the Bear Song- tune Sipping Cider)
Dona Nobis Pacem <b>(R)</b>	One Tin Soldier
Donkey Riding <b>(A)</b>	On Top of Spaghetti
Do Lord	Oni Tonka Unga
Doodle – Doo <b>(A)</b>	Oh, What A Wonderful Gift
Do Re Mi	O When the Saints Go Marching In
Do Your Ears Hang Low? <b>(A)</b>	
Doubters	Pack Up Your Troubles
Draw the Circle Wide	Part of Everything
Down by the Bay	



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Down by the Station	Pass it On
Down by the Old Mill Stream	Pass My Love Around
Dum Dum Da Da	Peace Like a River
Ezekiel Saw a Wheel	Pick A Bale of Cotton <b>(A)</b>
Father Abraham <b>(A)</b>	Praise to the Lord
Father I Adore You <b>(R)</b>	Prayer of St. Francis
Fiesta/Vista	Princess Pat <b>(A)</b>
Fire's Burning <b>(R)</b>	Psalm 100
Flicker	Puff the Magic Dragon
Follow The Gleam	Put Your Hand in the Hand
Four Leaf Clover	Quarter Master's Store
Four Strong Winds	Queen's Navy <b>(A)</b>
Froggy Went A'Courtin'	Raggedy Band (The)
Fred the Moose	Rain Song – using fingers, hands, feet on taps
Friends	Ram Sam Sam
Froggy Went A-Courting	Rich Man's Spiritual (The)
Funiculi, Funicula	Rise 'n' Shine <b>(A)</b>
Give Me Oil in My Lamp	Rise Up Children
Glory to God	River Nile <b>(A)</b>
God Gives His People Strength	Rock a' My Soul



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God Is So Good <b>(R)</b>	Roll Out the Barrel
Go Now In Peace <b>(R)</b>	Roots and Wings
Good Night Ladies	Row, Row, Row Your Boat <b>(R)</b>
Grab Another Hand <b>(A)</b>	
Grandfather's Clock	Sarasponda
Green Grass Grew All Around	Seek and Ye Shall Find
Greensleeves	Seek Ye First
Gypsy Rover	Serve the Lord
	Shalom Chaverim
Ham and Eggs	She'll Be Comin' Round the Mountain
Hands Left and Right	She's CGIT (Tune: Peggy O'Neill)
Happiness Runs in Circular Motion	Sing Till the Power of the Lord Come Down
Happy Wanderer	Sipping Cider
Head, Shoulders, Knees and Toes <b>(A)</b>	Skunk Song (The)
Here We Are	Slaves of Job <b>(A)</b>
Herr Und Gueten Doktor	Sloop John B. (The)
He's Everything To Me	Something to Sing About
Here Comes Jesus	Sons of God
Here We Are	Spirit of God
He's Got the Whole World	Stagecoach <b>(A)</b>
Hey, Hey, Anybody Listening?	Standing Like a Tree <b>(A)</b>
Hey, There Neighbour <b>(A)</b>	Standing in The Need of Prayer



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Hi. My Name is Joe	Steps to Tomorrow (The)
Hokey Pokey <b>(A)</b>	Sweetly Sings the Donkey
Hole In My Bucket	Swing Low, Sweet Chariot
Hole in the Bottom of the Sea	
Hosanna Hallelujah	Take Me Out to the Ball Game
How Then Shall I Live?	Take Off Your Shoes
Hush Little Baby	Taps
	Thank You
I Am the Light of the World	The Spirit of the Lord
I Am the Resurrection	The Spirit in Me
I'd Like To Teach the World to Sing	There Was a Tree
If I Had A Hammer	This Land is Your Land
If You Want To	This Little Light of Mine <b>(A)</b>
If I Were A Butterfly	This Old Man
I Have Lost My Underwaer	There'll Be Sunshine In The Morning
I Like to Eat (apples and bananas)	They'll Know We Are Christians
I Love Coffee, I Love Tea	This Is the Day
I Love the Mountains	Three Bears <b>(A)</b>
I Love My Rooster	Throw It Out the Window
I Know An Old Lady	Today
I'm a Ford	Tzana
I'm A Nut	





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I'm Gonna Sing	Under the Spreading Chestnut Tree
I Woke Up This Morning	Ungawa <b>(A)</b>
In a Cabin <b>(A)</b>	Up With People <b>(A)</b>
Irish Blessing <b>(R)</b>	
I'se the B'y	Vine and Fig Tree <b>(R)</b>
It Ain't Hip To Be A Christian	
It's A Me	Way It Should Be (The)
It's A Small World	We Are One
I've Been Working On the Railroad	Weave Me the Sunshine
I've Got the Joy	Wee Wee Song <b>(A)</b>
	Welcome In
Jacob's Ladder	Welcome To My Morning
Jamaican Farewell	We Shall Overcome
Jesus Master, Brave and Bold	Wedding Banquet (The)
John Brown's Body	We'll Sing in the Sunshine
Johnny Verbec	What Does the Lord Require of You? <b>(R)</b>
Join Hands	Wheels On The Bus
Junior Birdsmen <b>(A)</b>	Where Have All the Flowers Gone?
Joy Is Like the Rain	White Coral Bells <b>(R)</b>
	Wish I Was .....
Ki Yi Oonie <b>(A)</b>	Who Stole My Chickens?
Kookaburra <b>(R)</b> Kum-Ba-Yah	Worship the Lord



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Land of the Silver Birch	Yawning in the Morning
Lemme	You Are My Sunshine
Let Me See Your Boogaloo <b>(A)</b>	
Let There Be Peace On Earth	Zip –ah-dee-do-dah
Let Us Break Bread Together	
Let Us Sing Together	

This song list is by no means complete but may be a place to start, and for some, perhaps jog your memory of songs you sang and enjoyed in days past. The list of resources goes back many decades and comes from many sources so I will only make note of a few.

Please ask members of your community of faith, church musicians, former CGIT'ers, Scout and Guide leaders.

If there is a particular song you would like to find, please contact the Alberta CGIT Association for assistance!

**Resources for your consideration:**

***All God's Children Sing*** – Alberta Northwest Conference, United Church of Canada 1992 Wood Lake Books ISBN: 0-919599-97-4

**CGIT Songbook** – many and various publications are in our communities!

***Joyful Noise- songs of Faith & Fun for Children*** – edited by Anne E. Turner, prayers by Gertrude Lebens. United Church Publishing House 1999. ISBN: 1-55134-086-0



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Linnea Good – [www.linnea.good.com](http://www.linnea.good.com)

- also on You-tube

Ron Klusmeier - [www.musiklus.com](http://www.musiklus.com)

**More Voices**

***Rainbow Songbook- favorite music for all ages*** – edited by Alan C. Whitmore Wood Lake Books 2000 ISBN:1-55145-392-4

**Spirit of Singing** – Edited by Mardi Tindal and Kate Middleton,  
Woodlake Books 1994

**Voices United**





## Graces

Even in our increasingly secular world, it's still customary to have grace before community meals.

Grace before a meal becomes a time for reconnection and recollection.

Like other songs, graces can lift up the spirit and inspire us to live each moment as people of faith.

The following Grace's are in song or chant form and are formatted as one or two per page in order that they can be easily printed out so that each participant can have a copy.





**Tune: Addam's Family**

We thank the Lord for giving,  
the things we need for living  
like food and fun and friendship,  
We thank the Lord. Amen

**Tune: Angels From the Realms of Glory**

Thank you God for food and water,  
things that give us strength anew,  
May we learn to seek refreshment  
for our weary spirits too.  
As we journey on together,  
As we journey on with You.



**Banquet Earth Grace**

**Linnea Good**

**(A Rap of thanks for many nations)**

Chappati! Chappati! Puri and rice!

Burrito, taquito, spaghetti and spice!

Dim sum, egg foo yong,

Two all beef patties,

special sauce on a bun!

Hands across the table,

hands across the sea,

Sharing in the banquet of the earth!

Thanks!



**CCR GRACE**

**(Williams/Gregg/Fogerty)**

I see that breakfast's on the table,

I see that dinner's on its way,

Come on and eat it if you're able,

Looks like we're in for a hungry day.

Now, ask our God a blessing on the salad and the dressing,

Hey, dinner's on its way.

Amen, amen, amen, amen.



**Tune: "Doo Wah Diddy"**

Thank you Lord for the food that we receive,  
Singing doo wah diddy diddy dum diddy doo,  
Thanks to Thee for bread, fruit, and meat.  
Singing doo wah diddy diddy dum diddy doo  
Looks good,        (Looks good),  
Tastes fine,        (Tastes fine),  
Looks good, Tastes fine,  
and we praise God for all time!  
Singing doo wah diddy diddy dum diddy doo.





**Tune: "The Doxology"**

Praise God from whom all blessings flow,  
Praise God all creatures high and low  
Give thanks to God in love made known  
Creator, Word and Spirit, One.

Amen

**Tune: "For All Your Goodness God"**

**{VU #549}**

For all your goodness, God,  
We give you thanks.  
Thanks for the food we eat,  
and for the friends we meet,  
for each new day we greet,  
we give you thanks.



**Tune: Flintstones**

God is - great – and God is good,  
and let us thank Him for our food,  
God is – great --- and God is good,  
and let us thank Him for our food

Amen. Ah-ah-ah-men.

Ah-ah-ah-ah-ah-ah-men!

**Tune: “For Health and Strength”**

For health and strength\* and daily food

We give you thanks, O God.

**\* may be sung as a round**



**Tune: "Frere Jacques"**

God our Father, God our Mother,\*

Once again, once again,

We would ask your blessing,

We would ask your blessing,

A-a-men.            A-a-men.

**\* may be sung as a round**

**Tune: "The Farmer in the Dell"**

We thank you for this food

and for your loving care,

Help us remember that your love

is meant for all to share.



**Tune: "Gillette Commercial"**

Be present at our table Lord,  
Be here and everywhere adored.  
These mercies bless and grant that we  
may feast in paradise with Thee.

**Tune: "Give Thanks Unto the Lord"**

Give thanks unto the Lord,  
Give thanks unto the Lord,  
and call upon His name,  
and call upon His name,  
For He is good,  
For He is good  
Give thanks unto the Lord.



**Tune: "Great God, the Giver of All Good"**

**(VU #553)**

Great God, the giver of all good,  
accept our thanks and bless this food.  
Grace, health and strength to us afford,  
through Jesus Christ, our risen Lord.

**Tune: "Hark to the Chimes"**

Hark to the chimes,  
\*come bow your head.  
\*Thanks be to God,  
\*who gives us bread.

**\* may be sung as a round**



**"Hot Meal Grace"**

**Linnea Good**

Thank you, God for the rain and land,

Thank you, God for our working hands.

Thank you for food for body and soul,

and if we keep thanking,

it's gonna get cold!

It's gonna get colder and

we're gonna get older

So we'd better get bolder and eat!



**Tune: "I'd Like to Teach the World to Sing"**

We come before Thee now O Lord,  
with thankful hymns of praise.

We thank Thee for the joys we share,  
Throughout these camping days.

We thank Thee for the food we eat.

We thank Thee for our fun

We thank Thee for our quiet times  
when we unite as one,

and we thank the Lord for CGIT

Help us be the girls

Thou wouldst have us be.



**Tune: "Jesus Christ is Risen Today"**

Come Lord Jesus, be our guest,

Alleluia.

Let this food to us be blest,

Alleluia.

God is great and God is good,

Alleluia.

Let us thank Him for our food,

Alleluia





**Tune: Johnny Appleseed**

O, the Lord is good to me, and so I thank the Lord  
for giving me the things I need the sun and the rain and the apple seed

The Lord is good to me.

And every seed I sow will grow into a tree,  
and someday there'll be apples there for everyone in the world to share,

The Lord is good to me.

I wake up every day as happy as can be  
because I know that with His care my apple trees will still be there.

The Lord is good to me,

Johnny Appleseed

.  
Amen!



**Tune: "Joy is Like the Rain"**

I see food upon the table,

Joy is sharing bread.

Fellowship within this meal,

Gratitude is what we feel,

Joy is sharing bread.





**Lakeview**

**(Spoken quickly and rhythmically)**

Tadder, tadder, mash per-tadder,

Green fried onions, saved for later.

Pork chops, pork chops on my platter,

All these things that make me fatter.

All these things are hot

And we thank our Lord Jesus.

Amen!      Amen!



**Tune: "Let There Be Peace On Earth"**

Let there be food for all  
and let it be shared by me!  
Let there be peace and joy  
and everywhere harmony.  
With all 'round God's table,  
nourished all are we,  
Let us live in communion  
as God would have us be!



**Tune: "Lord of the Dance"**

**(VU #352)**

We thank you provider for our \*\*evening meal,

For fun and friends and happiness we feel,

For music and laughter, for life and love,

We give you thanks, O Lord above.

**\*\* substitute "noon time" or "breakfast" for "evening"**



**Tune: "Michael Row the Boat Ashore"**

For the food before us now, Hallelujah!

Thanks to God to whom we bow, Hallelujah!

For the friends with whom we share, Hallelujah!

All the pleasures everywhere, Hallelujah!

Bless us now in what we do, Hallelujah!

May our lives be strong for You. Hallelujah!

**Tune: "Michael Row the Boat Ashore"**

Thank you for the world so sweet, Hallelujah!

Thank you for the food we eat, Hallelujah!

Thank you for the birds that sing, Hallelujah!

Thank you God for everything, Hallelujah!



**Tune: "Odladi, Oblada"**

The birds thank the Lord for the mountains,

The fish thank the Lord for the sea.

We thank the Lord for our blessings and

for what we're about to receive.

Ob la di, ob la da, thank the Lord, Yeah!

La la la, Let us thank the Lord.

Ob la di, ob la da, thank the Lord, Yeah!

La la la, Let us thank the Lord.

Amen!



**Tune: "Praise God for Bread"**

\*Morning has come,  
the board is spread  
Thanks be to God,  
who gives us bread  
Praise God for bread.

**\*"Noontime" or "evening" can be substituted for "morning"**

**Tune: "O, Give Thanks"**

O, give thanks,  
O, give thanks,  
O, give thanks unto the Lord,  
for God is gracious  
and God's mercy endureth,  
endureth for ever.





**Tune: "Pass It On"**

It only takes some friends  
to set some love in motion,  
and soon the joy of life  
is everybody's notion.  
That's why we gather here now  
because we know it's true,  
God's good to us,  
We want to sing,  
We want to thank Him so!



**Tune: "Rock Around the Clock"**

God is great and God is good,  
So we thank Him for our food,  
Gonna thank Him, mornin' noon and night,  
Gonna thank the Lord, cause he's outa sight,  
Gonna thank the Lord, Jesus Christ,  
Amen, Amen, Amen.

**Tune: Rosen Fra Fyn**

Thanks be to God,  
Praise to His name,  
O let us thank and praise Him,  
Alleluia



**Tune: "Row, Row, Row Your Boat"**

Thank, thank, thank you God\*,

Thank you now we pray.

You have given all we need,

to live through every day.

**\* May be sung as a round**

**Tune: "Spiderman"**

Saving grace, saving grace,

Bless the food before you stuff your face

Thank the Lord, and the cooks

For the food and how good it looks

LOOK OUT!

Here comes the big amen.



AMEN!

**Tune: "Superman"**

We thank the Lord for giving us food,

We thank the Lord for giving us food,

and the friends we meet

and the food we eat,

We thank the Lord for giving us food.

Dum De Dum!

**Tune: "Twinkle, Twinkle, Little Star"**

Come Lord Jesus, be our guest,

Let these gifts to us be blessed.

By thy hand we all are fed,

Thank you Lord, for daily bread,

Come Lord Jesus, be our guest

Let these gifts to us be blessed.



**Tune: "Twinkle, Twinkle, Little Star"**

Custard, muffins, pizza, steak,  
Apples, oranges, plums and grapes.  
For these foods and many more,  
health and love and friends galore.  
For these things we give you thanks  
as we sit and eat these franks.





**Chant: "We Will, We Will Rock You"**

Jesus is a cool dude

Forty days without food,

Livin' His life by the golden rule,

Died in our place,

Amazing grace,

Spreading God's love all over the place.

Singing we will, we will praise Him. Amen.

We will, we will praise Him.

Amen

**(To initiate rhythm, pat hands on thighs twice, the clap hands once**

**pat, pat clap-pat, pat, clap)**



**Tune: "Windy"**

Thanks be to God, the Father almighty,  
Thanks be to God, who came to this earth,  
Thanks be to God, the spirit eternal,  
Thanks be to God, forever.





**Tune: "For Food in a World"**

**(VU #552 World Hunger Grace)**

For food when many walk in hunger,  
for friends in a world where many walk alone,  
for faith in a world where many walk in fear,  
we give you thanks, O God.

**Tune: "For Food in a World"**

**(VU #551 Crocker)**

For food in a world where many walk in hunger;  
for faith in a world where many walk in fear;  
for friends in a world where many walk alone  
We give you thanks, O Lord.  
Amen





**Tune: "Yankee Doodle"**

We thank you Lord, for daily bread,  
for rain and sunny weather.

We thank you Lord, for this our food  
and that we are together.

Thank you, thank you, thank you Lord,  
Thank you, our Provider.

Thank you Lord, for this our food,  
and that we are together.



**Tune: "You Are My Sunshine"**

Here at this table now spread before us,  
with friends enjoyed both "old" and "new."  
We're here to thank you, for all your goodness,  
and for lives refreshed anew.

Amen

**Tune: "Zip A Dee Do Dah"**

Zip a dee do dah, zip a dee ay  
We are grateful for your blessings today.  
We've plenty to eat, to drink, and to share,  
We sit at your table, with friends everywhere!



## CGIT HYMN

Hymn of Light

Mary S. Edgar

1889 - 1973

1. Now we u - nite to pledge a new al - le - giance.  
2. We would in - crease in wis - dom and in stat - ure,  
3. We would be strong, for life is all be - fore us,

To Christ the Lord and Mas - ter of us all;  
Grow - ing like Him, in love with God and man;  
No - thing can daunt us, guid - ed by His hand,

We would be like Him, so we seek His lead - ing,  
Seek - ing the best, in all His world a - round us,  
Ea - ger to serve, we seek to fol - low Je - sus,

Glad - ly we an - swer to His ten - der call.  
Liv - ing our lives ac - cord - ing to His plan.  
Giv - ing our best for God and for our land. A - men.



CGIT Round

## CGIT ROUND

Words, adapted from the CGIT Purpose,  
and Music by Jim Strathdee

① C G F G C ② C G F G C

Cher-ish health and seek the truth. Know your God and serve the world.

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www.strathdeemusic.com - Used by Permission

CGIT Handclap

I would be brave, and strong and true  
1, 2, 3, 4 .....1, 2 ..... 3, 4  
I would be brave to dare to do  
1, 2, 3, 4.....1,2,.....3, 4  
So would I live, so would I love  
1, 2, 3, 4.....1, 2, 3, 4  
Now!  
1



Taps

# Taps

Day is done, Close the sun, From the hills, From the lake,  
Over the sky, All is well, Safe - ly rest, God is nigh.

The image shows a musical score for the hymn 'Taps' in G major and 4/4 time. The melody is written on a single treble clef staff. The lyrics are printed below the notes. The first line of music contains the lyrics 'Day is done, Close the sun, From the hills, From the lake,' and the second line contains 'Over the sky, All is well, Safe - ly rest, God is nigh.' The score ends with a double bar line.



## Anniversary Hymn

Written by the girls of the Sunset CGIT Group, (born in Regina, in The Torch, Fall 1975: titled from Saskatoon!) Leader Marilyn Perry explains —The Hymn is not the work of one girl, but of seven. This is symbolic of the emphasis CGIT Places on group decision making. The tune is Beethoven's *Ode to Joy*.

CGIT, we've been together  
\*Strong through all of sixty\* years  
Laughing, learning, working, serving,  
Growing through our hurts and tears

Seeking to fulfill our purpose  
Given to us from God above,  
Sharing faith with those around us  
Helping to express His love.

Now we look toward the future,  
Wondering what our lives will mean,  
Give us strength to keep on working  
For the day of which we dream.

Thanks for those who came before us  
Passing on this chance to learn,  
Keep us faithful to this great trust  
So that light may always burn.

*\*This second line might be changed to "Strong for over sixty/ninety/thru' all one hundred years."*

Words by Brenda Brown, Carla Carlson, Lyn Carter, Aaron McBennett, Carol Peardon  
Lynda Perry, and Collette Venir.